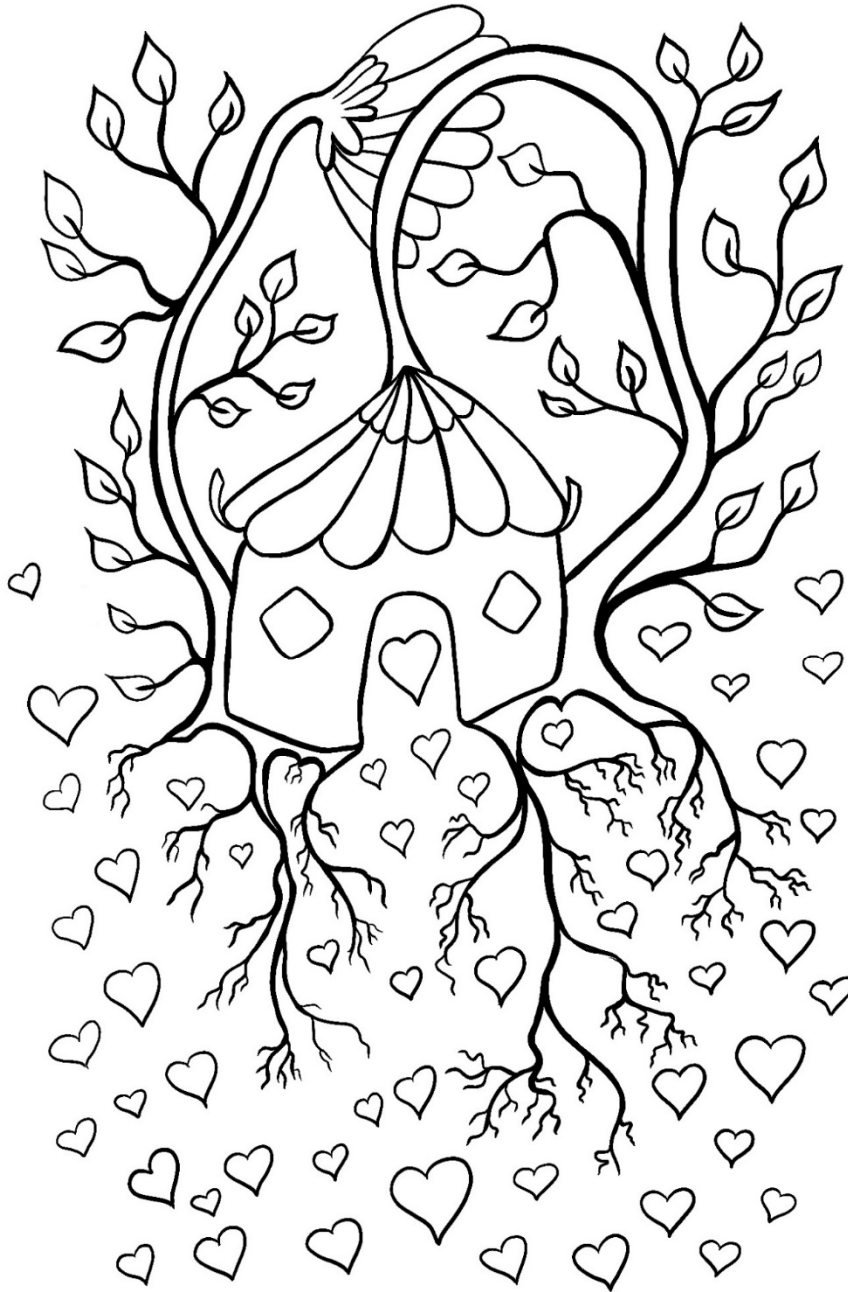


# Call for Submissions!

ART FOR HUMANS

Issue 003 – 2023



What Does **Home** Mean To You?

# Art for Humans

## Issue 003 - 2023

### Call for submissions

#### *“What does ‘home’ mean to you?”*

Participants are encouraged to interpret this question broadly, but the following workbook includes prompts and exercises for exploration. Please note, the kind of images that work best in this publishing format are clean black linework, although art in other mediums and styles can be translated to work here.

Submit artwork for publishing in Issue 003 by May 1<sup>st</sup>, 2023 by emailing images to **friendshipbee@gmail.com**

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The word “home” can have a lot of different meanings.

### Maslow's Hierarchy of Needs



#### Self-Actualization

Desire to become the most that one can be

#### Esteem

Respect, Self-esteem, Status, Recognition, Strength, Freedom

#### Love and Belonging

Friendship, Intimacy, Family, Sense of Connection

#### Safety Needs

Personal Security, Employment, Resources, Health, Property

#### Physiological Needs

Air, Water, Food, Shelter, Sleep, Clothing, Reproduction

## Core Values

Informed by Pable's "six human qualities that most people desire for physical and mental health in the places they inhabit" (Design Resources for Homelessness, n.d., p.1) as well as our work with residents and practitioners in affordable housing, we have arrived at a set of core values that must be prioritized during the design process by all members of the housing team.



#### Hope, Dignity, and Self-Esteem

We celebrate each individual's inherent worth, communicating positivity, emphasizing strengths, and maximizing potential.



#### Connection and Community

We create spaces that encourage camaraderie and collaboration—among residents as well as between residents and staff—and offer the opportunity to belong, helping residents to rebuild relationships built on trust.



#### Joy, Beauty, and Meaning

We honor culture and identity while creating spaces that spark and nurture imagination, hope, and aspiration.



#### Peace of Mind

We cultivate a comfortable, calm ambiance that supports relaxation, self-soothing, stress management, and coping through design details such as lighting, sound mitigation, natural elements, and access to nature.



#### Empowerment and Personal Control

We encourage individual agency, welcome self-expression, and offer choices for residents.



#### Safety, Security, and Privacy

We understand that residents' perceived safety is just as important as actual safety. We prioritize clear wayfinding, sight lines, and boundaries; minimize negative triggers; offer vantages of both prospect and refuge and paths of retreat; and recognize the role of program staff in creating a sense of safety and security.

# Trauma-Informed Design Framework



## The 3 C's of Designing for Health and Healing

From the core values that guide our trauma-informed design approach, we've operationalized three key concepts of trauma-informed design—the "3 C's"—to extend our work to the higher-level needs on Maslow's hierarchy and shift from providing housing to promoting healing:

1

### Choice

Emphasizes individual access, agency, and ownership; describes elements of personalization (e.g., color selection or furniture arrangement) and level of resident engagement with the space (e.g., choosing between relaxing in a community space or in one's own apartment)

2

### Community

Responds to the ways that residents may engage—with staff, other residents, and guests—through placement and design of programmatic spaces, office spaces, and public gathering spaces that facilitate relationship-building

3

### Comfort

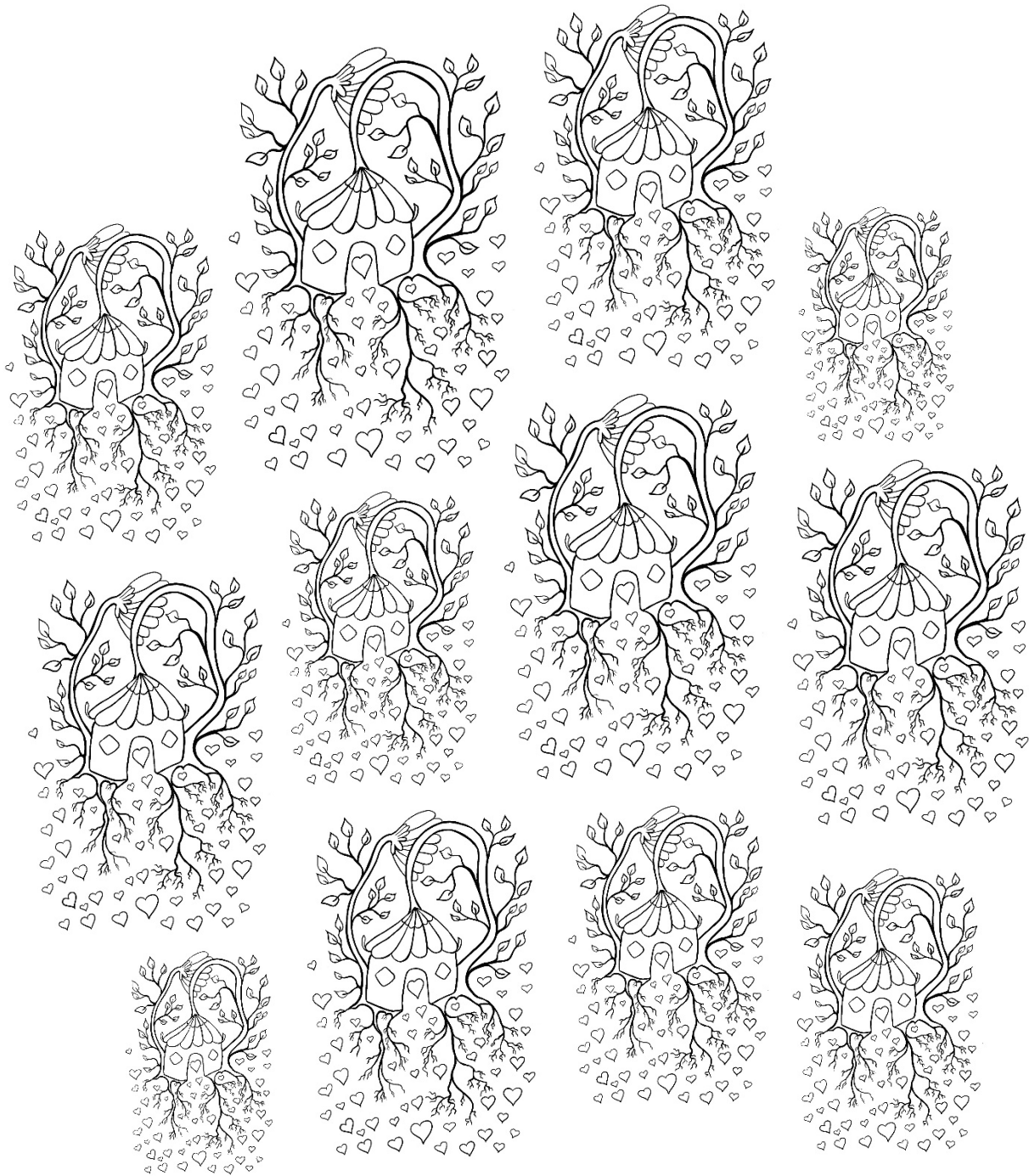
Includes aspects such as the quality and variety of materials; sensory experiences of light, sound, and smell; and elements such as nature and artwork that bring calm or spark joy

Together, these core values and key concepts frame the intent of the trauma-informed design process and influence design decision-making across all building systems and features—from natural elements and access to nature, to safety and security, to circulation and wayfinding, to light and color, to flexibility and scale.

**When you think of Home, do  
you see a little space that is  
yours?**

**Maybe you see the people and relationships that are closest to you.**

**Maybe you see the context of  
community and ecosystems  
that Home exists within.**



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